

**LITTLE ATHLETICS NSW**  
**STATE TRACK & FIELD CHAMPIONSHIPS - 16/03/2019 to 17/03/2019**  
**Sydney Olympic Park Athletic Centre**  
**Meet Summary - All Events**

	Seed	Heats	Final		
<b>Cardiff &amp; District</b>					
<b>1 Finnegan Abbott - Male - Age: 14 - Comp#: 47880</b>					
#64 Boys U 14 400 Metre Sprint	59.24		56.88	(10)	*
#110 Boys U 14 800 Metre Run	2:16.20		2:19.08	(14)	
#124 Boys U 14 1500 Metre Run	4:54.60		4:44.22	(12)	*
<b>2 Justin Banek - Male - Age: 14 - Comp#: 47909</b>					
#90 Boys U 14 200 Metre Hurdles (76 cm)	29.71	DNS			
#248 Boys U 14 Javelin (600 Gram)	31.69m		DNS		
<b>3 Jackson Day - Male - Age: 11 - Comp#: 25161</b>					
#210 Boys U 11 Discus (500 Gram)	34.24m		33.33m	(8)	
#230 Boys U 11 Shot Put (2.0 Kg)	8.97m		8.07m	(20)	
#242 Boys U 11 Javelin (400 Gram)	23.77m		23.95m	(9)	*
<b>4 Tahlia Flett - Female - Age: 10 - Comp#: 25860</b>					
#207 Girls U 10 Discus (500 Gram)	20.62m		17.38m	(22)	
#227 Girls U 10 Shot Put (2.0 Kg)	6.95m		7.48m	(8)	*
<b>5 Eamon Gallard - Male - Age: 9 - Comp#: 25159</b>					
#16 Boys U 9 100 Metre Sprint	15.21	15.19 (8)	15.33	(7)	*
#36 Boys U 9 200 Metre Sprint	33.32	31.53 (7)	31.28	(5)	*
#54 Boys U 9 400 Metre Sprint	1:14.44		1:10.93	(6)	*
<b>6 Lucas Harvey Cossettini - Male - Age: 12 - Comp#: 47917</b>					
#232 Boys U 12 Shot Put (2.0 Kg)	11.34m		11.36m	(11)	*
<b>7 Emma Hearnden - Female - Age: 10 - Comp#: 25165</b>					
#139 Girls U 10 1100 Metre Walk	5:57.30		5:52.54	(3)	*
<b>8 Levi Hodgson - Male - Age: 13 - Comp#: 47920</b>					
#130 Boys U 13 3000 Metre Run	11:38.35		DNS		
<b>9 Izaeaje Ikihele - Male - Age: 13 - Comp#: 47925</b>					
#214 Boys U 13 Discus (750 Gram)	32.78m		37.35m	(10)	*
#234 Boys U 13 Shot Put (3.0 Kg)	12.36m		12.37m	(5)	*
<b>10 Samuel Jones - Male - Age: 17 - Comp#: 47881</b>					
#220 Boys U 17 Discus (1.5 Kg)	41.74m		44.22m	(5)	*
#240 Boys U 17 Shot Put (5.0 Kg)	13.34m		13.79m	(5)	*
<b>11 Max King - Male - Age: 12 - Comp#: 47918</b>					
#160 Boys U 12 High Jump (S/H 1.25m)	1.47m		DNS		
#180 Boys U 12 Long Jump	4.94m		DNS		
#192 Boys U 12 Triple Jump	10.47m				
<b>12 Nathan King - Male - Age: 15 - Comp#: 47889</b>					
#186 Boys U 15 Long Jump	5.35m		5.11m	(17)	
<b>13 Abby Lever - Female - Age: 13 - Comp#: 47890</b>					
#145 Girls U 13 1500 Metre Walk	8:53.50		8:32.36	(13)	*
<b>14 Jacob Marshall - Male - Age: 14 - Comp#: 47901</b>					
#164 Boys U 14 High Jump (S/H 1.35m)	1.63m		1.67m	(3)	*
#184 Boys U 14 Long Jump	5.34m		5.12m	(8)	
#196 Boys U 14 Triple Jump	11.17m				
<b>15 Dakota McRae - Female - Age: 13 - Comp#: 47885</b>					
#161 Girls U 13 High Jump (S/H 1.25m)	1.35m		1.30m	(21)	
<b>16 Eloise Petersen - Female - Age: 17 - Comp#: 47876</b>					
#251 Girls U 17 Javelin (500 Gram)	32.69m		26.96m	(14)	
<b>17 Travis Petersen - Male - Age: 17 - Comp#: 47877</b>					
#220 Boys U 17 Discus (1.5 Kg)	42.07m		DNS		
<b>18 Dylan Robertson - Male - Age: 17 - Comp#: 47887</b>					
#188 Boys U 17 Long Jump	6.69m				
#200 Boys U 17 Triple Jump	12.42m				
<b>19 Brodie Spamer - Male - Age: 12 - Comp#: 47897</b>					
#144 Boys U 12 1500 Metre Walk	7:51.94		8:11.06	(3)	

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<b>Cardiff &amp; District</b>			
<b>20 Danika Spamer - Female - Age: 17 - Comp#: 47895</b>			
#113 Girls U 17 800 Metre Run	2:31.16		2:29.76 (10) *
#127 Girls U 17 1500 Metre Run	5:04.04		4:59.96 (6) *
#135 Girls U 17 3000 Metre Run	11:23.75		11:00.88 (4) *
<b>21 Liam Spamer - Male - Age: 14 - Comp#: 47896</b>			
#148 Boys U 14 1500 Metre Walk	9:21.18		7:35.90 (2) *
<b>22 Cory Vizintin - Male - Age: 15 - Comp#: 47871</b>			
#84 Boys U 15 100 Metre Hurdles (76 cm)	15.24	15.58 (8)	15.43 (8)
#92 Boys U 15 300 Metre Hurdles (76 cm)	43.75	45.17 (9)	
<b>23 Milli Windred - Female - Age: 15 - Comp#: 47905</b>			
#27 Girls U 15 100 Metre Sprint	12.93	13.01 (3)	13.13 (7)
#47 Girls U 15 200 Metre Sprint	27.32	26.50 (4)	26.17 (2) *
<b>Relay</b>	<b>Seed</b>	<b>Heats</b>	<b>Final</b>
<b>1 Cardiff &amp; District</b>			
#280 Boys U 12-17 4x100 Metre Relay (Snr)	NT		48.90 (7)
Final: Ethan Cowling 13; Dylan Robertson 17; Nathan King 15; Justin Banek 14			
<b>Cardiff &amp; District Total Individual Entries: 42 - Total Relays: 1</b>			